

# Practical Tools to Successfully Taper Prescription Opioids

Melissa Weimer, DO, MCR

OPG Meeting: 9-21-16

Opioid use for chronic pain is an area of medicine where best practices and regulations are changing rapidly. Melissa Weimer, clinician and researcher at OHSU, will tackle this topic at the next OPG meeting. A specialist in opioid issues, she'll discuss:

- > The MED and how to calculate it
- > How to plan a successful opioid taper
- > Several specific tapering scenarios

Laura Heesacker, LCSW, will address the companion topic of how to talk to patients about the process of tapering their medications.

Please join us, September 21, 6-8 pm

Medford: Smullin

Grants Pass: 3 Rivers