

How to approach an opioid taper/cessation

Indication for Taper	Recommended Length of Taper	Degree of Shared Decision Making about Taper	Intervention/Setting
Substance Use Disorder	No taper, immediate referral	None – provider choice alone	Intervention: Transition to medication assisted treatment (MAT, ie. buprenorphine or methadone) for OUD, Naloxone rescue kit Setting: Detox, inpatient or outpatient treatment with MAT
Diversion	No taper to rapid taper (days)	None – provider choice alone	Determine need based on actual use of opioids, if any
At risk for severe harms	Weeks	Moderate – provider led & patient views sought	Intervention: Supportive care Naloxone rescue kit Setting: Outpatient opioid taper or inpatient withdrawal management Option: Buprenorphine (OBOT)
Therapeutic failure	Months to year	Moderate – provider led & patient views sought	Intervention: Supportive care Naloxone rescue kit Setting: Outpatient opioid taper Option: Buprenorphine (OBOT)
At risk for less severe harms	Months to Years	Moderate – provider led & patient views sought	Intervention: Supportive care Naloxone rescue kit Setting: Outpatient opioid taper Option: Buprenorphine (OBOT)